



## Pet Quality of Life Scale and Diary



**Directions:** Use the key factors listed below in order to help evaluate and assess your pet's condition. Using this Daily Diary helps to create an objective view of your pet's health and progress. Fill in the appropriate rating for each category and then add the numbers from each of the categories to arrive at your daily total Quality of Life (QOL) score. We provide space for notes and observations that are helpful when evaluating a pet's progress. If you feel that it would be better to give "half points" or "quarter points", that's fine but we find that using whole numbers helps you to be truly objective in your evaluation.

### MOBILITY

- 2 Good Mobility – No difficulty getting around, enjoys walks and going outside
- 1 Poor Mobility – Difficulty getting up, hard to get in position to eliminate, short walks only
- 0 Bare Minimum Mobility – Needs assistance, pain or anti-inflammatory medications do not help

### NUTRITION

- 2 Good Appetite
- 1 Poor Appetite – Hand feeding, needs enticing
- 0 No Appetite

### HYDRATION

- 2 Adequate Intake
- 1 Poor Intake – (In some cases, drastically increased intake)
- 0 No Appetite

### INTERACTION/ATTITUDE

- 2 Interacts normally with family and other pets
- 1 Some interaction with family and other pets
- 0 Hides in closet or under bed/avoids

### ELIMINATION

- 2 Normal urinations and/or defecation
- 1 Reduced/Irregular urination and/or defecation
- 0 No urination or defecation

### FAVORITE THINGS

- 2 Normal favorite activities, hobbies, etc.
- 1 Decrease in doing their favorite things
- 0 No interest in their favorite things



4585 North Highway 19A, Mount Dora, FL 32757  
(352) 483-2999

